



Van Mahotsav was celebrated at Tender Heart. Approximately 200 saplings were planted by school children and special needs children. Children were yet again motivated to plant more trees to save our environment.

SET THE STAGE ON FIRE

Students participated in the fashion show at Tender Heart and 15 students were shortlisted and further showcased their talent at the show organized by Unibox Shopping held at Greater Kailash, Delhi.



HEALTH EDUCATION SESSION FOR TEACHERS

Tender Heart had the privilege of listening to one of the talks facilitated by Dr Dash - A WHO associate, who enlightened all the teachers on Gastroenteritis and Osteoarthritis. The session gave an insight on balanced diet, basic food habits and lifestyle changes that would help in the prevention of these illnesses.

YOGA FOR OVERALL WELLBEING



As a part of International Yoga Day, a special yoga session was conducted by Isha Foundation in the month of July. Students of different classes participated and tasted the power of yoga i.e. to experience oneness with

everyone. Through this session, students were again reminded about the importance of Yoga for overall wellbeing.



TEACHERS TRAINING WORKSHOP

Volunteers from UK Katherine and Juan conducted a successful teachers' training workshop for 15 days. This training further strengthened and enhanced the quality of teaching in the school.

HEALTH CAMP BY HOLY FAMILY HOSPITAL & ARUNA ABHAY OSWAL TRUST AT TENDER HEART



All children and their parents were given a health check-up by the doctors of Holy Family Hospital. They were also provided medicines.

HAPPY TEACHER'S DAY



As teachers play a significant role in making a child's life, we at Tender Heart celebrated Teacher's Day on 5th Sep to honor our dedicated teachers. These teachers work wholeheartedly to bring a positive change in each students' lives. The day was fun-filled with lot of games, dance and a food treat. Mrs Monga received the "Best Teacher's Award."

BITS PILANI JUNOON 2018



Another important achievement added wings to Tender Heart as 14 special children escorted by 4 special educators participated in BITS Pilani JUNOON 2018 program. They participated in a variety of games like shotput, Bocce, long jump, hand ball race and won 8 medals. All children received certificates of participation as a token of recognition and appreciation. Tender Heart acknowledges and hold a sense of gratitude to the organizing team.



"BEAT PLASTIC POLLUTION" WAS THE THEME DANCE BY TENDER HEART CHILDREN AT DPS, SECTOR 19, FBD

A BIG THANK YOU TO MAHINDRA & MAHINDRA LTD, NOIDA FOR SPONSORING



TREE PLANTATION DRIVE



BAG DISTRIBUTION BY MAHINDRA & MAHINDRA LTD, MUMBAI



CHILDREN CELEBRATING LABOUR DAY WITH FULL ZEAL



"It is only through labour and painful effort, by grim energy and resolute courage, that we move on to better things" - Theodore Roosevelt

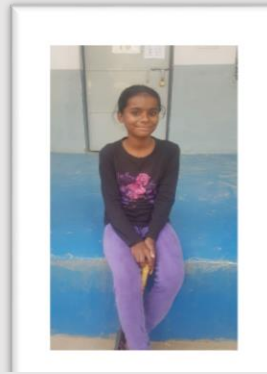
VILLAGE WOMEN CHANGING LIVES



Sudha has been working with Women Empowerment program since the beginning of year 2018 and comes from a nearby village. She is living with her husband and three children. She is involved in making handicraft products like bags, mats, wall/door

decorative hangers. She enjoys doing every kind of work allotted and is keen to learn new things. She is able to manage her family needs with much more ease through this program. Tender Heart has become like a part of her family now. She demonstrates enthusiasm and dedication towards her work. Her husband is also very happy and appreciates her work.

WOOPIE CHILD



Laxmi is 13 years old and is a part of our WOOPIE program since 2016. She loves to play Kabaddi and Kho Kho and her favorite subjects are Maths and Hindi. She loves coming to Tender Heart with great zeal and enthusiasm. She

wants to be an engineer to break her family lineage. Apart from studies and sports, she also has a knack for cooking. She helps her grandmother at home in preparing food and her favorite food is Paneer and Rajma. We wish Laxmi to keep soaring to great heights.



PRODUCT OF THE MONTH

Decorative wood hangers: These drift wood hangers not only add a rustic look to the overall interiors, this handcrafted organizer is the perfect way to hang your jewellery. The beautifully painted small table tops will help the children to sit in yoga position and work.



THANK YOU TO DONORS AND VOLUNTEERS

Thank you to all the generous and supportive people who take time from their busy schedule to help nurture these children and provide us with resources to ensure they receive a good education and bring about more opportunities in their future. We sincerely thank Sherrie Jamieson, Jean Malseed Gordon, Chelsea Ann, Natalli Ellis, Plasser India, Indian Oil Corporation Ltd., Studd Foundation, GKN Driveline Ltd for their generous support.

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