Menstrual Hygiene Project

Tender Heart in collaboration with Triar Health & Hygiene has taken a step towards menstrual hygiene by setting up a sanitary napkin manufacturing machine. This project aims to provide oxo-biodegradable sanitary pads at par with the established brands. The project aims to empower the local women from the surrounding villages by giving them employment and commission based earning on selling sanitary napkins. The project further intends to spread awareness about menstrual hygiene and encourage the use of hygienic and eco-friendly sanitary pads.
Incinerator installation at village Bhatola

Students from the Enactus team, Indira Gandhi Technical University initiated this project towards uplifting and empowering the dying Pottery community by providing them with an opportunity to make the earthen sanitary napkin incinerators.

Tender Heart NGO comes as a support to this by installing the incinerator at village Bhatola. The village women were educated about the use and importance of using incinerators for safe disposal of sanitary pads.

Incinerator - an earthen vessel which sustainably burns used sanitary napkins to ashes, which are biodegradable and does not cause any air pollution, the process can be done using any fuel. Burning sanitary napkins in this eco-friendly manner helps effectively in decreasing the volume of waste generated by a big fraction.
TENDER HEART HANDICRAFTS

Stalls at PNB Housing Finance Limited, Gargi College, To the New Noida
Dental Hygiene

A team of doctors from Sudha Rustogi Dental College on the occasion of National Toothbrushing Day showed the tooth brushing technique and educated about the importance of oral hygiene.

Dental checkup was done for special needs students by a team of doctors from Manav Rachna Dental College. Along with the checkup, the team engaged the students with coloring activity and the day ended with distribution of refreshments.
Breast cancer & cervical cancer screening camps were organized in villages Khedi Kurd, Faridpur, Sadpura, Neemka in collaboration with Artemis Health Sciences Foundation, Gurugram
Volunteering can transform lives

Volunteer Katy Fitzgerald from Australia has been closely associated with Tender Heart since 2012. Every year, she engages the Tender Heart staff, children in art workshops and leave them with a strong learning experience.
Katy took the children to National Art Gallery, Delhi & Taj Mahal, Agra

Meals given to WOOKIE children by Katy

Cooking classes started at Tender Heart
Progress in computer education for special needs

3rd phase of simulation training was conducted and students learnt to enter the dummy forms.

World Disability Day Celebration: Delhi Public School invited the special needs students from Tender Heart and conducted the day with games & sports, art & craft, music & dance.
The parents, students & Tender Heart staff witnessed a wonderful annual program well curated by teachers and performed by special needs.
Christmas Celebrations

30 school children had the opportunity to attend Art1st Education Summit Workshop at Indira Gandhi National Centre for the Arts, Delhi. Children had a fun learning day with story telling activities, art & craft.
Product of the month

Plant holder, macrame belts, bottle holder, turtle showpiece, christmas tree, Santa, bed rugs, handmade bags, coffee mats

The last few months, our designers & trainers from the women empowerment team had come up with amazing product designs and the village women were excited to add new skills in their bucket.
Donors & Volunteers

We are extremely grateful to our generous donors Indian Oil Corporation, Plasser India, GKN Driveline, Wings Automobile Products Pvt. Ltd. PNB Housing Finance Ltd, Studds Foundation and would like to thank our volunteers: Katy Fitzgerald for raising money through photographic exhibition of the pictures that were clicked in India & devoting her precious time at Tender Heart every year and Anja Reil from Germany for her great support in project writing & teaching WOOKIE children.

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